

**GENERAL INFORMATION**

**Training of Trainers for Community-based  
Rehabilitation (CBR) through  
an Inclusive Development Approach**

**June 7- 18, 2010  
Thailand**



**Asia-Pacific Development Center on Disability**

**Thailand**

**General Information**

<b>Course Title</b>	Training of Trainers for Community-based Rehabilitation (CBR) through an Inclusive Development Approach
<b>Duration</b>	June 7-18, 2010
<b>Deadline for Application</b>	<b>April 30, 2010</b> <i>* Application forms must be submitted to the APCD by the deadline.</i>
<b>Countries Invited &amp; Participants</b>	<b>Maximum of 20 Participants from the Asia-Pacific.</b> 2 categories of participants : <b>Category A) APCD supported Participants</b> Participants need to apply on category A) and will be selected and approved by APCD CBR Taskforce members (10 persons). <b>Category B) Self-sponsors participants</b> Participants will be responsible for their own oversea traveling cost and US\$ 400 registration fee (10 persons).
<b>Language</b>	English
<b>Target Group</b>	<b>1) Trainers on CBR program</b> <b>2) Field manager and/or community leader for an existing/planned CBR program</b> <b>3) Leaders of self-help organizations/groups of persons with disabilities</b> <b>* for category A) APCD supported Participants</b> , priority will be given to persons with disabilities, members/ staff of <b>APCD's Focal Point and Associate Organizations from developing countries in ASEAN member countries.</b> <b>** for category B) Self-sponsored participants</b> , we accept applications from Asia-Pacific.  <b>*** (ASEAN member countries</b> are Brunei Darussalam, Cambodia, Indonesia, Lao PDR, Malaysia, Myanmar, Vietnam, Singapore, The Philippines and Thailand)
<b>Course Objectives</b>	To strengthen an existing/planned CBR program in developing countries of ASEAN member countries by training the above target group to: 1) Develop trainers and facilitators in CBR activities 2) Promote an inclusive development approach to CBR 3) Develop CBR and inclusive development strategies according to each situation and the needs
<b>Training Venue</b>	<b>Asia-Pacific Development Center on Disability</b> 255, Rajvithi Road, Rajthevi, Bangkok 10400, Thailand Tel: 66-2-3547505 ; Fax: 66-2-3547507 E-mail : <a href="mailto:training@apcdfoundation.org">training@apcdfoundation.org</a>
<b>Accommodation</b>	<b>Same as above</b> (all participants in category A and B will stay in twin-rooms.)

<b>Expenses &amp; Allowances</b>	<p><b><u>Category A) APCD supported Participants</u></b></p> <p><b>The participants will cover the following expenses:</b> Any expenses spent in his/ her country;</p> <ul style="list-style-type: none"><li>- VISA fee</li><li>- Passport fee</li><li>- Airport tax</li><li>- Transportation fee from his/ her residence to Airport</li></ul> <p><b>The following expenses for each APCD supported participant will be borne by APCD:</b></p> <ol style="list-style-type: none"><li>1. Training expenses (e.g., lecture fee, field visit charge)</li><li>2. Twin-room at APCD Training Building during the training period</li><li>3. Meals during the training period</li><li>4. Transportation Fee (air ticket) from his/her country to Thailand (roundtrip)</li><li>5. Local Transportation fee in Thailand (including airport transfer)</li></ol> <p><b><u>Category B) Self-Sponsored Participants</u></b></p> <p><b>The participants will cover the following expenses:</b></p> <ol style="list-style-type: none"><li>1. Transportation Fee (Air ticket) from his/ her country to Thailand (Roundtrip)</li><li>2. Any expenses spent in his/ her country;<ul style="list-style-type: none"><li>- VISA fee</li><li>- Passport fee</li><li>- Airport tax</li></ul></li><li>3. US\$ 400 for Registration fee of the Training (including twin-room accommodation, meal, tea break, airport transfer, training kits, medical insurance fee during stay in Thailand, etc.)</li></ol> <p><b>The following expenses for each self-sponsored participant will be borne by APCD:</b></p> <ol style="list-style-type: none"><li>1. Training expenses (e.g., lecture fee, field visit charge)</li><li>2. Twin-room at APCD Training Building during the training period</li><li>3. Meals during the training period</li><li>4. Local Transportation fee in Thailand (including airport transfer)</li></ol>
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The following lectures/ discussion/ exercises/ group work include:

**A) Basic Knowledge and Attitudes**

- A1: Basic Understanding on Disability
- A2: Evolution of Disability Movement in the Asia-Pacific region and at the global level
- A3: Convention on the Rights of PWDs and the BIWAKO Millennium Framework for Action
- A4: Participatory Community Development
- A5: Concept of Community-based Rehabilitation
- A6: Inclusive Development
- A7: Concept of Independent Living and Self-help Groups

**B) Skills for Improvement of CBR**

- B1: Learning Process
- B2: Training skills
- B3: Facilitating Skills
- B4: Participatory Project Management
- B5: Knowledge Management

**C) Field Visit**

- C1: CBR Project and Self-help Groups of Persons with Disabilities
- C2: Training Center

**D) Action Plan Formulation**

Formulation of an action plan that can be applied to one's own country.

Application form can be downloaded from the APCD Website:

<http://www.apcdfoundation.org>

The application form can be sent by email to

[training@apcdfoundation.org](mailto:training@apcdfoundation.org)

or by post to

**Asia- Pacific Development Center on Disability**

255, APCD Building, Rajvithi Rd., Rajthevi, Bangkok 10400, Thailand

Tel (662) 354 7505

Fax (662) 354 7507

**REQUIREMENTS FOR APPLICATION OF PARTICIPANTS**

An applicant should:

1. Be one of the following:

**1.1 Trainers on CBR program**

**1.2 Field manager or community leader for an existing/planned CBR program**

**1.3 Leaders of a self-help organization/group of persons with disabilities**

*\*For an applicant who applies for category A) and needs to have an accompanying personal assistant or a sign language interpreter for the training, s/he needs to inform APCD of the details through his/her APPENDIX OF APPLICATION FORM (Article: Disabilities). Necessary expenditures (e.g., travel expenses, etc.) for the selected participant's personal assistant or a sign language interpreter can be borne by APCD, after APCD confirms the need.*

2. Be between the ages of **22-55**

3. Be in good health in order to complete the training course

4. Be nominated by her/his respective organization.

#### **CERTIFICATE**

Participants who have successfully completed the course will be awarded a certificate issued by the Asia-Pacific Development Center on Disability.

#### **OTHER MATTERS**

##### **A. TRAVEL DOCUMENTATION**

Prior to arrival in Thailand, all participants **MUST** first obtain a **NON-IMMIGRANT VISA** from the Royal Thai Embassy or Consulate in their respective countries. **Please be aware that your passport must be valid for at least 6 more months to apply for a visa.**

##### **B. AIRPORT RECEPTION AND TRANSFERAL**

Upon arrival, the Asia-Pacific Development Center on Disability (APCD) will provide airport reception and transferal to the accommodation for the participants.

## APPENDIX OF APPLICATION FORM

for

### **Training of Trainers for Community-based Rehabilitation (CBR) through an Inclusive Development Approach**

**Please submit all pertinent documents and your answers to this questionnaire  
in typewritten form**

**I would apply for participants <please identify your application for category (A) or (B)>**

(     ) **Category A) APCD supported Participants**

(     ) **Category B) Self-Sponsored Participants**

<p>TITLE   <input type="checkbox"/> Mr.           <input type="checkbox"/> Ms.           <input type="checkbox"/> Mrs.           <input type="checkbox"/> Dr.</p> <p>GENDER <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE</p>	<table style="width: 100%; border-collapse: collapse;"><tr><td style="width: 30%; border-bottom: 1px solid black;">FAMILY NAME</td><td style="width: 30%; border-bottom: 1px solid black;">GIVEN NAME</td><td style="width: 40%; border-bottom: 1px solid black;">MIDDLE NAME</td></tr><tr><td colspan="3" style="border-bottom: 1px solid black;">NAME (capital letters and as in passport)</td></tr></table>	FAMILY NAME	GIVEN NAME	MIDDLE NAME	NAME (capital letters and as in passport)		
FAMILY NAME	GIVEN NAME	MIDDLE NAME					
NAME (capital letters and as in passport)							
DATE OF BIRTH: (Day/Month/Year):							
PASSPORT NUMBER: PASSPORT EXPIRY DATE (Day/Month/Year):							
HOME ADDRESS:							
TELEPHONE NUMBER (Country Code/Area Code/Number): FAX NUMBER (Country Code/Area Code/Number):							
E-MAIL ADDRESS:							
NAME OF THE ORGANIZATION:							
ADDRESS:							
TELEPHONE NUMBER (Country Code/Area Code/Number): FAX NUMBER (Country Code/Area Code/Number):							
E-MAIL ADDRESS:							



I hereby certify that all the provided information is correct, accurate and complete to the best of my knowledge.

In the event that I suffer injury, illness or death during the course of my participation in the program/course, I shall hold the Foundation of Asia-Pacific Development Center on Disability (APCD Foundation) and/or the Japan International Cooperation Agency (JICA) harmless and without any liability whatsoever for compensation towards myself, my legal representatives and/or my heirs. Should I cause any person loss of property, injury, illness or death during the course of my participation in the program/course, I shall be fully responsible and liable for the said person without reference whatsoever to the APCD Foundation and/or JICA.

SIGNATURE OF NOMINEE.....  
PRINTED NAME OF NOMINEE ( )  
DATE:

**RECOMMENDATION BY THE NOMINEE'S ORGANIZATION**

SIGNATURE OF THE ORGANIZATION'S REPRESENTATIVE.....  
HIS/HER NAME AND TITLE ( )

## QUESTIONNAIRE

**\*Please submit your answers to the following questions as a part of the “Appendix of the Application Form”.**

Name .....

Position .....

Organization .....

Your roles in CBR project .....

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Q.1 What does “CBR” mean to you?

Q.2 Please give an overview of the CBR program which you are responsible for and/or involved in. (e.g., Activities, Problems, Outcomes, Networks, Human Resource Development)

Q.3 What do you think about your CBR program? (Briefly explain its strengths and weaknesses.) What do you plan to do to improve the situation of your CBR program?

Q.4 What factors do you think contribute to the success of CBR?

Q.5 Please explain about your experiences on Training and Facilitating regarding CBR activities

Q.6 What do you expect to learn from APCD's CBR Training Course ?

*END*